

RIVER RIDGE DERMATOLOGY

Filler Post Treatment Instructions (Juvéderm®), Restylane®, or Voluma®)

Immediately after treatment, the most commonly reported side effects are temporary redness, swelling and possibly bruising at the injection site. These effects typically resolve within two to three days. Cold compresses may be used immediately after treatment to reduce swelling.

You should avoid the following for at least 24 hours:

- ✓ Strenuous exercise
- ✓ Consumption of alcoholic beverages
- ✓ Extended exposure to sun or heat
- ✓ Massaging the area of treatment

Exposure to any of the above may cause temporary redness, swelling, and/or itching in the injection sites. If you have swelling, you can apply an ice pack for a brief period.

If you have any questions or concerns about your filler treatment, please contact our office at 540-951-3376.

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