

RIVER RIDGE DERMATOLOGY

Care of Cryotherapy Site

Today you had something frozen, an **Actinic Keratosis, Seborrheic Keratosis, Wart, or a Skin Tag**. These skin growths are destroyed by the freezing action.

The following is what to expect:

- Within a few hours to a few days after treatment the area may blister, turn black, or form a scab. This is a desirable result.
- Most patients experience little or no pain from this treatment. If you do experience pain, you may take aspirin (adults only), ibuprofen or acetaminophen.
- Apply plain petroleum jelly to site(s) daily until healed if needed. No bandage is necessary.
- You may drain a blister to help relieve pressure if advised by your doctor.
- The scab will fall off as the area heals. Do not pick at scab, let it fall off naturally. It will take several days to weeks for the scab to fall off depending on the size of the treated area, size of lesion, type of lesion treated, and your body's healing ability.
- The underlying skin may be red, sensitive to temperature, touch and may possibly itch as it heals. Normal skin color will eventually return.

Contact us at 540-951-3376 if you have any questions or concerns. After office hours call 540-750-1310.